BÖLÜM 14

ET ÜRÜNLERİNDE ANTİMİKROBİYAL DİRENÇ: GIDA GÜVENLİĞİ VE HALK SAĞLIĞI BOYUTU

Hatice YAZGAN[1]
Tülin Güven GÖKMEN[2]

GİRİŞ

Gıdalarda mikroorganizmaların kontrol altına alınmasında kimyasal yöntemlerin kullanımı, halk sağlığı açısından önemli riskleri de beraberinde getirmektedir. Bu riskler arasında ilaç direncinin gelişimi, kimyasal kalıntıların gıda zincirine taşınması ve çevresel kirlilik yer almaktadır(1). Gelecekte hasta hayvanların tedavisinde antibiyotik tüketiminin küresel ölçekte haritalandırılması ve halk sağlığı üzerindeki etkilerinin değerlendirilmesine yönelik ilk kapsamlı çalışmalar, van Boeckel ve arkadaşları tarafından gerçekleştirilmiştir (1). Günümüzde hem insan sağlığı hem de gıda üreten hayvanların sağlığı açısından en kritik küresel sorunlardan biri, disiplinler arası bir yaklaşımla ele alınması gereken antimikrobiyal dirençtir (AMR). Lobanovska ve Pila (2), AMR'nin Fleming'in 1928'de penisilini keşfetmesinden kısa bir süre sonra, 1940'lı yıllarda ortaya çıktığını; Escherichia coli suşlarının penisilinaz enzimi üreterek penisilinin terapötik etkilerini ortadan kaldırabildiğini bildirmiştir. Benzer şekilde, Lakhundi ve Zhang (3), penisilin direncinin Staphylococcus aureus ve Streptococcus pneumoniae suşlarında da doğrulandığını aktarmıştır. Özellikle metisiline dirençli S. aureus (MRSA), sahip olduğu çok sayıda virülans faktörü nedeniyle "süper mikrop" olarak nitelendirilmekte; genetik içerik ve gen ekspresyonunu optimize ederek artmış virülans ve kolonizasyon kapasitesine sahip yeni suşlar geliştirebilmektedir (4,5). Antibiyotiklerin gereksiz ve yaygın kullanımı, küresel ölçekte giderek artmakta ve bu durum, mevcut antimikrobiyal ilaçların etkinliğini azaltarak halk sağlığını doğ-

[1] Doç. Dr., Çukurova Üniversitesi, Veteriner Fakültesi, Gıda Hijyeni ve Teknolojisi Bölümü, Gıda Hijyeni ve Teknolojisi AD., hyazgan@cu.edu.tr, ORCID iD: 0000-0002-7520-3342
[2] Doç.Dr., Çukurova Üniversitesi, Veteriner Fakültesi, Veterinerlik Mikrobiyoloji AD., tguven@cu.edu.tr, ORCID iD: 0000-0001-9673-097X

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sel verilerle desteklenmesi gerekmektedir. AMR ile ilişkili bu küresel zorlukla mücadele, "Tek Sağlık" yaklaşımı çerçevesinde insan, hayvan ve çevre sağlığını bütüncül biçimde ele alan politikaların geliştirilmesini zorunlu kılmaktadır. Sonuç olarak, AMR'nin kontrolü ve yönetimi, halk sağlığının korunması, gıda güvenliğinin sürdürülebilirliği ve ekonomik istikrarın sağlanması açısından stratejik bir öncelik olarak ele alınmalıdır. Bu kapsamda, AMR izleme ve gözetim programlarının güçlendirilmesi, politika yapıcıların aktif katılımıyla ulusal ve uluslararası düzeyde gecikmeden koordine edilmesi gerekmektedir. Ancak bu şekilde, et üretim zincirinde ortaya çıkan direnç eğilimlerinin halk sağlığı üzerindeki olumsuz etkileri azaltılabilir ve güvenli gıda üretimi sürdürülebilir hale getirilebilir.

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